

# MONTANA VOLLEYBALL ACADEMY

## Athlete Code of Conduct

My primary goal is to become the best player that I can be. I am responsible for my own actions and behavior. I am fully committed to Montana Volleyball Academy (MVA) and agree that:

### Attitude:

- I will conduct myself in a manner that is respectful to me, my team and to MVA.
- I will commit to my team by getting adequate sleep, eating a healthy diet, and abstaining from alcohol, illegal drugs or tobacco during the course of the club season.
- I will play with full effort and intensity.

### Communication:

- I will avoid criticism of my teammates, as I believe no one is trying to make a mistake.
- I will avoid giving unsolicited coaching tips to teammates and defer responsibility to my coaches.
- I will refrain from posting or communicating negative comments about other players, coaches, parents or the club via texting, email or social media.

### Coachability

- I will accept decisions by my coaches knowing that everyone cannot start. I will accept my role on the team and do what it takes for the team to succeed.

### Practice:

- I will manage my time to meet my commitments to my team, my family, my classes and my other commitments.
- I will proactively contact my coach as far as ahead of time if I am unable to make it to practice or a tournament.
- I will commit to being ready to step on the floor at the scheduled practice start time. That means I will have to get to practice at least 15 minutes ahead of time so that I can change and get ready.

### Athlete/Player Agreement & Consent

I, \_\_\_\_\_, have read, understand, and agree to the policies, procedures, and code of conduct requirements as set forth in the MVA Parent/Player Handbook. As evidenced by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules set forth therein.

Player Name (printed) \_\_\_\_\_  
Player Signature \_\_\_\_\_ Date \_\_\_\_\_

# MONTANA VOLLEYBALL ACADEMY

## Parent Code of Conduct

Parents are crucial to the success of the Montana Volleyball Academy (MVA) and their daughter's club volleyball experience. MVA requires that the parent(s) of any player in our club sign this code of conduct contract. I therefore agree that:

### Safe Play:

- I will inform the coach of any physical disability or ailment that may affect the safety of my daughter or the safety of others.
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all tournaments and practices.

### Sportsmanship:

- I will respect the officials and their authority during games. I understand that many of our officials are coaches or junior players. I will not yell or scream at officials and leave it up to my daughter's coach to resolve issues with the official or scorekeeper.
- I will teach my child to play by the rules and to resolve conflicts without resorting to sulking, being passively aggressive, showing hostility or resorting to violence.
- I will teach my child that doing one's best is more important than winning.

### Coaching:

- I will refrain from coaching my child or other players during games and practices unless I am the official coach. I will avoid yelling instructions to the players during the game.
- I understand that playing time will be afforded to all players, but not necessarily in equal proportions. Playing time is the sole decision of the coach and may be influenced by attendance, tardiness, discipline, and ultimately by ability in playing well in pressure situations.

### Communication:

- I understand that my daughter should approach the coach if she has problems or concerns first and I will encourage her to do so.
- I understand that there are times when I feel I need to speak immediately to the director. I will wait 24 hours after the triggering event so as to make that conversation as productive as possible.
- I hereby authorize MVA to post her name, picture, present school, year of graduation, height, uniform number and position on the MVA website or with any recruiting materials.

### Parent/Guardian Agreement & Consent

I, \_\_\_\_\_, have read, understand, and agree to the policies, procedures, and code of conduct requirements as set forth in the MVA Parent/Player Handbook. As evidenced by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules set forth therein. In addition, I certify that as a parent/guardian of this athlete/player, have explained to my daughter the aforementioned stipulated conditions and their ramifications, and I consent to her participation in this program under the Evergreen Region of USA Volleyball in which she is a member. I agree to pay the team fees set forth by MVA, allowing my daughter to participate in the program.

Parent Name (printed) \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_